



EVERYDAY STUDY

A LITTLE ENCOURAGEMENT FOR YOUR TIME IN GOD'S WORD

Strongholds

A “stronghold” is an area where we’re held captive to (deceived into) a certain way of thinking. God’s Word tells us we’ve been given divine power to “overthrow” enemy strongholds by taking our thoughts captive and making each one obedient to Christ. Ask God to reveal any strongholds the enemy may have in your mind, then study scriptures that reveal the truth in that area. The enemy won’t give up these strongholds easily, but be persistent to take *every thought captive*. The truth will set you free!



This Week's Scripture:

For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ. [2 Corinthians 10:4-5 ESV](#)



Article:

Prayers for Spiritual Growth

Do you want to grow, but don't know how? The solution is simple: Learn the Word. [Read More](#)



Tip from Joyce:

“I recommend that you not only purposely think right thoughts, but that you go the extra mile and speak them aloud as your confession.” – **Joyce Meyer**, *Battlefield of the Mind*



Study Suggestion:

View Joyce's list of positive confessions. Choose a few that touch your heart, and speak the Word out loud.



Prayers for Spiritual Growth

- by Joyce Meyer



Do you want to grow, but don't know how? The solution is simple: Learn the Word.

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Ephesians 3:16 Strengthen me in the inner man.

Ephesians 3:17 That I may be rooted deep in love and founded securely on love.

Ephesians 3:18 Let me grasp God's love - the breadth and length and height and depth of it.

Ephesians 3:19 That I might be filled through all my being with the fullness of God.

Ephesians 3:19 That I might become a body wholly filled and flooded with God Himself.

Philippians 3:10 That I may "know" Him and the power of His resurrection.

Ephesians 1:17 That He might grant me a spirit of wisdom and revelation.

Ephesians 1:18 That the eyes of my heart be flooded with light.

Ephesians 1:19 That I might know the greatness of His power in me.

Philippians 1:10 That I may learn to sense what is vital and of real value.

Philippians 1:11 That I may abound and be filled with the fruits of righteousness.

John 17:12 That He will keep and protect me from the evil one.

Colossians 1:9 That I may know God's will.

Colossians 1:11-12 That I may be strengthened with all power, [to exercise] every kind of endurance and patience with joy, giving thanks.

Knowing Who I Am in Christ

by Joyce Meyer

Not sure who you really are? Read this list of Biblical truths that reveal who God made you to be.

I am complete in Him Who is the Head of all principality and power (Colossians 2:10).

I am alive with Christ (Ephesians 2:5).

I am free from the law of sin and death (Romans 8:2).

I am far from oppression, and fear does not come near me (Isaiah 54:14).

I am born of God, and the evil one does not touch me (1 John 5:18).

I am holy and without blame before Him in love (Ephesians 1:4; 1 Peter 1:16).

I have the mind of Christ (1 Corinthians 2:16; Philippians 2:5).

I have the peace of God that passes all understanding (Philippians 4:7).

I have the Greater One living in me; greater is He Who is in me than he who is in the world (1 John 4:4).

I have received the gift of righteousness and reign as a king in life by Jesus Christ (Romans 5:17).

I have received the spirit of wisdom and revelation in the knowledge of Jesus, the eyes of my understanding being enlightened (Ephesians 1:17-18).

I have received the power of the Holy Spirit to lay hands on the sick and see them recover, to cast out demons, to speak with new tongues. I have power over all the power of the enemy, and nothing shall by any means harm me (Mark 16:17-18; Luke 10:17-19).

I have put off the old man and have put on the new man, which is renewed in the knowledge after the image of Him Who created me (Colossians 3:9-10).

I have given, and it is given to me; good measure, pressed down, shaken together, and running over, men give into my bosom (Luke 6:38).



I have no lack for my God supplies all of my need according to His riches in glory by Christ Jesus (Philippians 4:19).

I can quench all the fiery darts of the wicked one with my shield of faith (Ephesians 6:16).

I can do all things through Christ Jesus (Philippians 4:13).

I show forth the praises of God Who has called me out of darkness into His marvelous light (1 Peter 2:9).

I am God's child for I am born again of the incorruptible seed of the Word of God, which lives and abides forever (1 Peter 1:23).

I am God's workmanship, created in Christ unto good works (Ephesians 2:10).

I am a new creature in Christ (2 Corinthians 5:17).

I am a spirit being alive to God (Romans 6:11; 1 Thessalonians 5:23).

I am a believer, and the light of the Gospel shines in my mind (2 Corinthians 4:4).

I am a doer of the Word and blessed in my actions (James 1:22,25).

I am a joint-heir with Christ (Romans 8:17).

I am more than a conqueror through Him Who loves me (Romans 8:37).

I am an overcomer by the blood of the Lamb and the word of my testimony (Revelation 12:11).

I am a partaker of His divine nature (2 Peter 1:3-4).

I am an ambassador for Christ (2 Corinthians 5:20).

I am part of a chosen generation, a royal priesthood, a holy nation, a purchased people (1 Peter 2:9).

I am the righteousness of God in Jesus Christ (2 Corinthians 5:21).

I am the temple of the Holy Spirit; I am not my own (1 Corinthians 6:19).

I am the head and not the tail; I am above only and not beneath (Deuteronomy 28:13).



KNOWING WHO I AM IN CHRIST

I am the light of the world (Matthew 5:14).

I am His elect, full of mercy, kindness, humility, and longsuffering (Romans 8:33; Colossians 3:12).

I am forgiven of all my sins and washed in the Blood (Ephesians 1:7).

I am delivered from the power of darkness and translated into God's kingdom (Colossians 1:13).

I am redeemed from the curse of sin, sickness, and poverty (Deuteronomy 28:15-68; Galatians 3:13).

I am firmly rooted, built up, established in my faith and overflowing with gratitude (Colossians 2:7).

I am called of God to be the voice of His praise (Psalm 66:8; 2 Timothy 1:9).

I am healed by the stripes of Jesus (Isaiah 53:5; 1 Peter 2:24).

I am raised up with Christ and seated in heavenly places (Ephesians 2:6; Colossians 2:12).

I am greatly loved by God (Romans 1:7; Ephesians 2:4; Colossians 3:12; 1 Thessalonians 1:4).

I am strengthened with all might according to His glorious power (Colossians 1:11).

I am submitted to God, and the devil flees from me because I resist him in the Name of Jesus (James 4:7).

I press on toward the goal to win the prize to which God in Christ Jesus is calling us upward (Philippians 3:14).

For God has not given us a spirit of fear; but of power, love, and a sound mind (2 Timothy 1:7).

It is not I who live, but Christ lives in me (Galatians 2:20).

